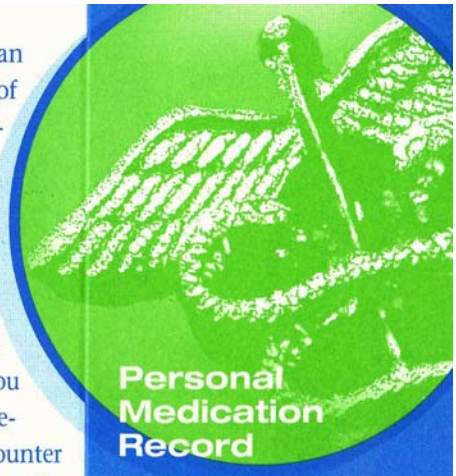
To help you stay healthy, St. Joseph Heritage Medical Group offers a variety of free Community Health Education events and free health screenings. For a calendar of upcoming events or to make an appointment with one of our medical experts, call toll free

1-888-313-4373.

Simple drug allergies or an unhealthy combination of over-the-counter and prescription drugs can be harmful to your health. The physicians at St. Joseph Heritage Medical Group are dedicated to keeping you healthy and encourage you to document all your prescriptions and over-the-counter medications on the reverse side of this card. Once documented, your physician and/or a registered pharmacist can help you avoid dangerous medication interactions.



Personal Medication Record

Courtesy of

St. Joseph Heritage Medical Group

Part of the St. Joseph healthcare family

Personal Medication Record

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NAME

I am presently taking the following medications:

MEDICATION	STRENGTH	DOSAGE